

Spring 2024 Learning Labs

Please note: Labs run for different lengths of time. Some labs run the full 8 weeks while others run less or for 1 day only

	Lab	Time	Grades	Cost	Total Students	Sessions
Mondays						
	Sports & Fun	3:45pm-4:30pm	K-5	\$61	50	5
	Sewing Mini Animals	3:45pm - 4:45pm	1-5	\$149	20	4
Tuesdays						
	Little Sluggers Baseball	7:45am - 8:45am	K-5	\$303	10	8
	Cooking is FUNdamental – Breakfast Edition	7:45am - 8:45am	K-5	\$242	8	8
	Kidcasso Artist Palette	7:45am - 8:45am	K-3	\$220	20	8
	Chess Advanced	7:45am - 8:45am	K-5	\$253	16	8
	Happy Feet	7:45am - 8:45am	K-3	\$209	12	6
	Sydney's Rainbow Runners	7:45am - 8:45am	K-5	\$110	30	6
	Before School Sports *Tuesdays Only*	7:45am - 8:45am	3-5	\$130	60	8
	Before School Sports *Tuesdays & Fridays*	7:45am - 8:45am	3-5	\$260	60	16
	Knitting	7:45am - 8:45am	3-5	\$220	6	8
	Scrapbooking	8:00am-8:45am	1-5	\$100	30	8
	Chess Beginner	3:45pm-4:45pm	1-5	\$253	16	8

Spring 2024 Learning Labs

Please note: Labs run for different lengths of time. Some labs run the full 8 weeks while others run less or for 1 day only

	Lab	Time	Grades	Cost	Total Students	Sessions
	Beginner Archery	3:45pm-4:45pm	3-5	\$198	12	8
	Cooking is Fundamental	3:45pm-5:00pm	K-5	\$264	8	8
Wednesdays						
	Minecraft 101	3:45pm – 5:00pm	2-5	\$204	18	6
	All Art! With Look What I Made	3:45pm – 5:00pm	K-5	\$220	15	6
Thursdays						
	Cheerleading	3:45pm – 4:30pm	K-5	\$88	25	8
	After School Athletes with Coach Michelle	3:45pm-4:45pm	K-2	\$75	25	8
Fridays						
	Ceramics	8:00am - 8:45am	4-5	\$165	16	6
	Fun Fit Warriors	7:45am-8:45am	K-5	\$303	20	8
	Healthy Bites	7:45am-8:45am	3-5	\$209	12	6
	MAD Mornings	7:45am-8:45am	K-3	\$132	10	8
	Before School Sports *Fridays Only*	7:45am - 8:45am	3-5	\$130	60	8
	Before School Sports *Tuesdays & Fridays*	7:45am - 8:45am	3-5	\$260	60	16
	Tangle Art	7:45am - 8:45am	3-5	\$220	6	8

Spring 2024 Learning Labs – 1 day Workshops!

Date	Lab	Time	Grades	Cost	Total Students	Sessions
3/20	Axolotl Canvas with Look What I Made	3:45pm 5:00pm	K-5	\$33	30	1
4/4	Lego Mania	8:00am- 8:45am	K-5	\$17	20	1
4/10	Wooden Plaque with Look What I Made	3:45pm 5:00pm	K-5	\$33	20	1
4/16	Make a Critter & Their Bed	3:45pm- 5:00pm	K-5	\$50	20	1



Sports & Fun

Sports fun learning lab will include playing soccer and basketball as well as just a lot of fun activities to play and get their energy out. We will focus on making new friends, learning some basics and just having a good time.

Eligible Grades	K-5
Max Participants	50
Day & Time	Mondays; 3:45pm-4:30pm
Dates	3/3, 3/10, 3/17, 3/24, 3/31
Cost	\$61
Instructor	Nick Volland, Bancroft Parent & Sports Coach



Sewing Mini Animals

Join us as a first time or a returning student as we create and sew our own menagerie of mini felt animals! During these hands-on fun lessons, you will learn how to trace patterns, cut, sew, stuff and add buttons and other various items to your collection of stuffed animals. You will be completing one animal each week to bring home! No experience necessary and all materials are included!

Eligible Grades	1-5
Max Participants	20
Day & Time	Mondays; 3:45pm - 4:45pm
Dates	3/10, 3/17, 3/31, 4/7
Cost	\$149
Instructor	Jody Davis, Cape Ann Fabric Studio



Little Sluggers Baseball

Step up to the plate for a fun and exciting baseball experience! Led by a former NCAA Division 1 and professional baseball player, this class teaches kids essential skills like throwing, catching, hitting, and teamwork in a supportive, confidence-building environment. Perfect for beginners and young players, Little Sluggers Baseball makes learning the game a blast.

****Students may be separated by grades****

Eligible Grades	K-5
Max Participants	10
Day & Time	Tuesdays; 7:45am - 8:45am
Dates	2/25, 3/2, 3/11, 3/18, 3/25, 4/1, 4/8, 4/15
Cost	\$303
Instructor	Dawy Labron, AYS Program Coordinator



Cooking is FUNdamental – Breakfast Edition

Get ready to embark on a delicious adventure where young chefs will learn essential cooking skills, discover nutrition basics, and explore the wonderful world of food! Each class features a hands-on experience, as we prepare a tasty recipe that everyone gets to enjoy at the end. Every student will leave with their own recipe card, making it easy to recreate the dish at home and share their new skills with family and friends. My classes are designed to be a fun, no-pressure way for kids to try new foods while building confidence in the kitchen. Whether your child is a beginner or already loves cooking, this interactive class is perfect for all learning levels. Come join us for a culinary journey filled with creativity, flavor, and fun!

Eligible Grades	K-5
Max Participants	8
Day & Time	Tuesdays; 7:45am - 8:45am
Dates	2/25, 3/2, 3/11, 3/18, 3/25, 4/1, 4/8, 4/15
Cost	\$242
Instructor	Steven Velasquez, Andover Nutritionist



Kidcasso Art Studio Artist Palette

This lab will be a process based fine arts weekly class for elementary aged children. Painting, drawing, and building are some of our favorite mediums to work in. We will incorporate these along with many more!

Eligible Grades	K-3
Max Participants	20
Day & Time	Tuesdays; 7:45am -8:45am
Dates	2/25, 3/2, 3/11, 3/18, 3/25, 4/1, 4/8, 4/15
Cost	\$220
Instructor	Rebecca Penney, Kidcasso Staff

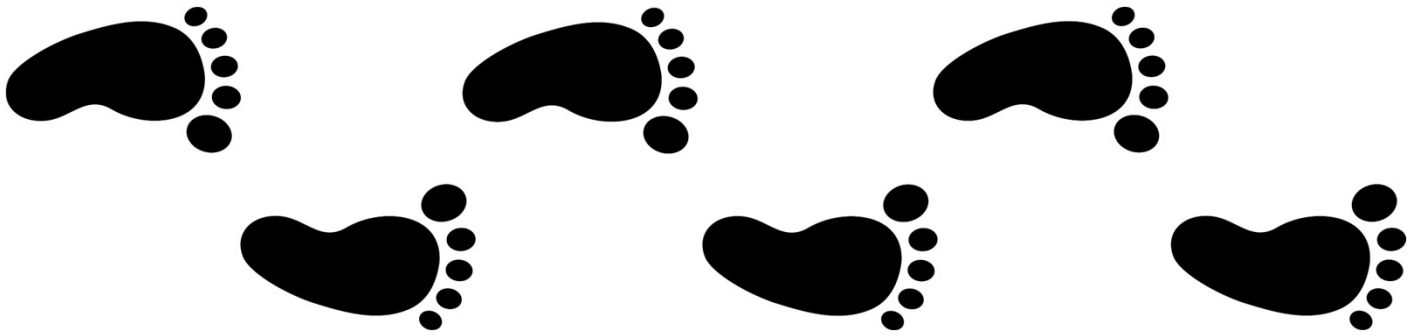


Chess Advanced

This is Advanced chess group for children who took chess classes previously or have solid experience of playing chess. We will continue working on the chess puzzles, chess tactics and some strategy ideas and chess traps. We will finish our session with a chess group tournament. Also, we will be getting ready for our annual chess match vs North Andover students.

If you are unsure if you should be in the advanced class, contact Natalia at nata.cherbenok@gmail.com

Eligible Grades	K-5
Max Participants	16
Day & Time	Tuesdays; 7:45am -8:45am
Dates	2/25, 3/2, 3/11, 3/18, 3/25, 4/1, 4/8, 4/15
Cost	\$253
Instructor	Natalia Cherbenok, Chess Coach



Happy Feet

Happy Feet is a program designed to help kids explore and express their emotions, connect to their physical sensations, and develop self-awareness in a playful, interactive way. Through movement, art, and storytelling, children will strengthen their social-emotional learning (SEL) skills, build healthier relationships, and gain a deeper understanding of themselves and others—all while having fun and staying active.

Eligible Grades	K-3
Max Participants	12
Day & Time	Tuesdays; 7:45am -8:45am
Dates	2/25, 3/2, 3/11, 3/18, 3/25, 4/1
Cost	\$209
Instructor	Robin DelNegro, AYS Outreach Coordinator



Sidney's Rainbow Runners

Join us to start the school day off on a runners high. This learning lab is open to all elementary school students and will run on Tuesday morning before school. The program is inspired by Sidney's love of running and the outdoors. We will focus on getting the students moving to start their day. Our aim is to keep running fun using games and active play to build strength, speed, agility and mobility. The goal is to ignite a love of running in elementary school age children that continues through their lifetime.

Eligible Grades	K-5
Max Participants	30
Day & Time	Tuesdays; 8:00am -8:45am
Dates	3/11, /18, 3/25, 4/1, 4/8, 4/15
Cost	\$110 (Proceeds go to the Sidney Mae Olsen Rainbow Fund)
Instructor	Mary Beth Ellis



Before School Sports

Jump start your day with the Before School Sports program offered by Mr. Rex and Mr. Stephens! Energize your body and brain with a variety of dodgeball style games. Each session will feature a new activity, played in a large group setting. Sneakers are required.

Eligible Grades	3-5
Max Participants	60
Day & Time	Tuesdays and Fridays; 7:45am - 8:45am
Dates	2/25 , 2/28, 3/4 , 3/7, 3/11 , 3/14, 3/18 , 3/21, 3/25 , 3/28, 4/1 , 4/4, 4/8 , 4/11, 4/15 , 4/18
Cost	\$260 for Tuesdays and Fridays \$130 for Tuesdays Only \$130 for Fridays Only
Instructor	John Rex & Jeff Stephens (P.E. teachers)



Knitting

Learn a creative hobby that you can enjoy even as an adult. The repetitive, rhythmic movements of knitting calm the mind and encourage mindfulness. You can create projects that you can wear and best of all, knitting projects can be taken with you wherever you go. In this class you will learn the basic knit stitches and create a small project. Those who already know the basic knit stitches will advance their knitting skill and learn new stitches. Knitting needles and yarn included.

Eligible Grades	3-5
Max Participants	6
Day & Time	Tuesdays; 7:45am - 8:45am
Dates	2/25, 3/2, 3/11, 3/18, 3/25, 4/1, 4/8, 4/15
Cost	\$220
Instructor	Phalguni Shah, former Bancroft IA



Scrapbooking

Let your creative and artistic skills flow while preserving your memories of exciting times! Join us in scrapbooking! Individual scrapbooks and all creative materials will be supplied. The participant will need to supply printed photos.

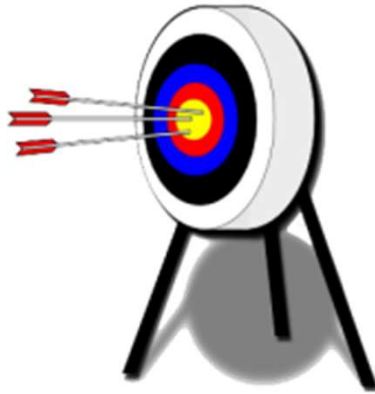
Eligible Grades	1-5
Max Participants	30
Day & Time	Tuesdays; 8:00am -8:45am
Dates	2/25, 3/4, 3/11, /18, 3/25, 4/1, 4/8, 4/15
Cost	\$100
Instructor	Tamara MacAllister, Bancroft Teacher



Chess Beginner

This is the chess class for very beginners or someone who has some experience of playing chess. We will learn/review all the chess rules, learn all the basic checkmates, chess puzzles, some chess tactics and watch fun chess educational videos. At the end of the course, we will have a tournament with an award ceremony and chess medals for everyone!

Eligible Grades	1-5
Max Participants	16
Day & Time	Tuesdays; 3:45pm - 5:00pm
Dates	2/25, 3/2, 3/11, 3/18, 3/25, 4/1, 4/8, 4/15
Cost	\$253
Instructor	Natalia Cherbenok, Chess Coach



Beginner Archery

Participants will learn the basics of archery. Safety, proper archery form and skills will all be taught. In each session, archers will build to improve their skills through practice, archery games and a small competition. No prior experience is needed. All equipment will be provided. Prior participants are welcome! Classes are taught by Kaitlin MacAllister, a senior at AHS. She is a certified Level 1 Archery Instructor through USA Archery.

Kaitlin MacAllister is under the age of 18. Mrs. MacAllister will be supervising and assisting during each class.

Eligible Grades	3-5
Max Participants	12
Day & Time	Tuesdays; 3:45pm – 4:45pm
Dates	2/25, 3/2, 3/11, 3/18, 3/25, 4/1, 4/8, 4/15
Cost	\$198
Instructor	Kaitlin MacAllister, Certified Instructor Supervised by Mrs. MacAllister, Bancroft Teacher



Cooking is FUNdamental

Get ready to embark on a delicious adventure where young chefs will learn essential cooking skills, discover nutrition basics, and explore the wonderful world of food! Each class features a hands-on experience, as we prepare a tasty recipe that everyone gets to enjoy at the end. Every student will leave with their own recipe card, making it easy to recreate the dish at home and share their new skills with family and friends. My classes are designed to be a fun, no-pressure way for kids to try new foods while building confidence in the kitchen. Whether your child is a beginner or already loves cooking, this interactive class is perfect for all learning levels. Come join us for a culinary journey filled with creativity, flavor, and fun!

Eligible Grades	K-5
Max Participants	8
Day & Time	Tuesdays; 3:45pm – 5:00pm
Dates	2/25, 3/2, 3/11, 3/18, 3/25, 4/1, 4/8, 4/15
Cost	\$264
Instructor	Steven Velasquez, Andover Nutritionist



Minecraft 101: Minecraft For Beginners

Explore, create or survive! This engaging and educational class is designed to introduce kids to the captivating world of Minecraft, fostering creativity, teamwork, and problem-solving skills. In this program, beginners will embark on an exciting journey, learning the fundamentals of Minecraft gameplay, including crafting, building, and exploration. Our experienced instructors will guide students through the basics of survival mode, teaching essential skills such as resource gathering and shelter construction. Through interactive lessons and collaborative projects, participants will discover the importance of teamwork and communication while constructing their own virtual worlds. This program provides a safe and supportive environment for young learners to develop digital literacy, strategic thinking, and imaginative expression. Join us for an adventure-filled learning experience where every child can unleash their creativity in the pixelated landscapes of Minecraft!

Eligible Grades	2-5
Max Participants	18
Day & Time	Wednesdays; 3:45pm – 5:00pm
Dates	2/26, 3/5, 3/19, 3/26, 4/2, 4/16 (no labs on 3/12 or 4/9)
Cost	\$204
Instructor	Code Wiz Staff



All Art With Look! What I Made

Young artists will embark on a journey of imagination and expression as they learn art techniques and build upon their existing skills. This course is designed to inspire and nurture their passion for creativity! Step-by-step art fun awaits as we explore a variety of exciting mediums including pottery and canvas painting, clay hand building, glass fusing, and wood art. This is the perfect class for kids who adore art and yearn to learn, experiment and create masterpieces. Don't miss this opportunity to ignite your child's creativity and provide them with a fun, educational experience they'll cherish. Cost of class includes instruction and all materials.

Eligible Grades	K-5
Max Participants	15
Day & Time	Wednesdays; 3:45pm – 5:00pm
Dates	2/26, 3/5, 3/19, 3/26, 4/2, 4/16 (no labs on 3/12 or 4/9)
Cost	\$220
Instructor	Meg Smith



Cheerleading

Love to cheer and be part of a group? Join two Andover High School cheerleader captains: Kaitlin and Malitrice while learning and advancing your cheer skills through practicing game day cheers, dances and team bonding games! Girls of all experience levels are encouraged to join.

Eligible Grades	K-5
Max Participants	25
Day & Time	Thursdays; 3:45pm – 4:30pm
Dates	2/27, 3/6, 3/13, 3/20, 3/27, 4/3, 4/10, 4/17
Cost	\$88
Instructors	Kaitlin & Malitice, AHS Cheer Captains Supervised by Mrs. MacAllister, Teacher



After School Athletics With Coach Michelle!

This non-competitive class will have children playing a variety of sports and games. The focus is on fun, fitness, teamwork and good sportsmanship.

Eligible Grades	K-2
Max Participants	25
Day & Time	Thursdays; 3:45pm -4:45pm
Dates	2/27, 3/6, 3/13, 3/20, 3/27, 4/3, 4/10, 4/17
Cost	\$75
Instructor	Coach Michelle, Get Youth Moving



Spring Ceramics

This class is all about clay! Students in this class will be learning to use the pottery wheel! Students will learn about clay and glazing techniques in this fun and creative course.

Eligible Grades	4-5
Max Participants	16
Day & Time	Fridays; 8:00am - 8:45am
Dates	2/28, 3/7, 3/14, 3/21, 3/28, 4/4
Cost	\$165
Instructor	Ms. Scarfo and Mrs. Dunn Bancroft Art Teachers



Fun Fit Warriors

Get ready to move, play, and unleash your inner warrior! Fun Fit Warriors is an action-packed fitness class designed to help elementary-aged kids build strength, coordination, and confidence—all while having a blast. Led by a former NCAA Division 1 and professional baseball player, this class combines fun games, dynamic exercises, and team challenges to keep kids active and engaged. Whether they're jumping, running, or conquering obstacle courses, your child will develop healthy habits and a love for fitness that will last a lifetime.

****Students may be separated by grades****

Eligible Grades	K-5
Max Participants	20
Day & Time	Fridays; 7:45am - 8:45am
Dates	2/28, 3/7, 3/14, 3/21, 3/28, 4/4, 4/11, 4/18
Cost	\$303
Instructor	Dawy Labron, AYS Program Coordinator



Healthy Bites Academy: Nourishing Bodies, Energizing Minds

Healthy Bites Academy is a hands-on, fun-filled program where kids explore the world of nutrition, wellness, and healthy eating in an interactive way. Through activities like making yogurt parfaits, fruit bowls, and egg bites, they'll learn about the benefits of nutrient-dense foods and how to make healthy food choices. Class conversations and mini activities will also emphasize the importance of sleep, movement, and self-care, helping kids build lifelong healthy habits. With games, and creative challenges, kids will understand how to nourish their bodies and minds for better health and well-being.

Eligible Grades	3-5
Max Participants	12
Day & Time	Fridays; 7:45am - 8:45am
Dates	3/7, 3/14, 3/21, 3/28, 4/4, 4/11
Cost	\$209
Instructor	Robin DelNegro, AYS Outreach Coordinator



MAD Mornings Music! Art! Discovery!

An introduction to classical music in combination with creating art to help us remember it. We will talk about the music and learn a bit about it and its composers. Music is often an analogy for emotions and other things, and we will make discoveries about this. We will also learn basic rhythm notation and create some instruments to play those rhythms. The goal of this course is to allow children to discover classical music in a fun setting that provides a means for remembering the music we listened to and makes some connections to our own lives.

Eligible Grades	K-3
Max Participants	10
Day & Time	Fridays; 7:45am - 8:45am
Dates	2/28, 3/7, 3/14, 3/21, 3/28, 4/4, 4/11, 4/18
Cost	\$132
Instructor	Ingrid Marstaller



Before School Sports

Jump start your day with the Before School Sports program offered by Mr. Rex and Mr. Stephens! Energize your body and brain with a variety of dodgeball style games. Each session will feature a new activity, played in a large group setting. Sneakers are required.

Eligible Grades	3-5
Max Participants	60
Day & Time	Tuesdays and Fridays; 7:45am - 8:45am
Dates	2/25 , 2/28, 3/4 , 3/7, 3/11 , 3/14, 3/18 , 3/21, 3/25 , 3/28, 4/1 , 4/4, 4/8 , 4/11, 4/15 , 4/18
Cost	\$260 for Tuesdays and Fridays \$130 for Tuesdays Only \$130 for Fridays Only
Instructor	John Rex & Jeff Stephens (P.E. teachers)



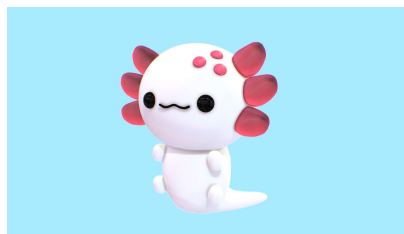
Tangle Art

Do you want to try out the new worldwide trend of Zen Doodling or Tangle Art? Tangle Art uses patterns to create artwork in a way that encourages relaxation and focus. If you search google or youtube you will find thousands of examples of this trend which has become a very popular way for kids and adults to destress and relax. In this class, you will learn to create line art using simple repetitive shapes, lines, circles and arcs. You will learn a step-by-step method to create various designs which you will combine using your creativity to makeup beautiful tangle art motifs. All supplies will be provided.

Eligible Grades	3-5
Max Participants	6
Day & Time	Fridays; 7:45am - 8:45am
Dates	2/28, 3/7, 3/14, 3/21, 3/28, 4/4, 4/11, 4/18
Cost	\$220
Instructor	Phalguni Shah, former Bancroft IA



Axolotl Canvas – One Day Workshop- With Look! What I Made



Paint your favorite aquatic salamander at our one-day workshop. We will use acrylic paint and you can choose which colors to use for your canvas painting. Canvases are 16" x 20". Projects will be taken home after the class.

Eligible Grades	K-5
Max Participants	30
Day & Time	Thursday, 3:45pm – 5:00pm
Dates	3/20
Cost	\$33
Instructor	Meg Smith



Lego Mania One Day Workshop

Legos! Legos! Legos! Join us for a one-time morning filled with Legos!! We will use our creative and engineering minds to build various structures with Legos.

Eligible Grades	K-5
Max Participants	20
Day & Time	Friday; 8:00am -8:45am
Dates	4/4
Cost	\$17
Instructor	Tamara MacAllister, Bancroft Teacher



Personalized Wooden plaque – One Day Workshop– With Look! What I Made

Make your own wooden plaque – personalized with your name and favorite sport! You pick the colors and the sport – we make the designs so you can have an awesome personalized plaque. Projects will be taken home after the class.

Eligible Grades	K-5
Max Participants	20
Day & Time	Thursday, 3:45pm – 5:00pm
Dates	4/10
Cost	\$33
Instructor	Meg Smith



Make a Critter & Their Bed One Day Workshop

After much talk about this one, we have decided to add in a day of making a mouse and their bed project. We will use candy tins to create something that our mouse will be proud of! During this hands-on fun lesson, you will learn how to trace a pattern, cut, sew, stuff and add buttons and other various items.

Eligible Grades	K-5
Max Participants	20
Day & Time	Wednesday, 3:45pm – 5:00pm
Dates	4/16
Cost	\$50
Instructor	Jody Davis, Cape Ann Fabric Studio